

# Department of Public Instruction

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<http://www.nd.gov/dpi>



## Safe and Healthy Schools – November 2015 Update

### **Funding Opportunities**

The **Safe & Healthy Schools** unit in the ND Department of Public Instruction (DPI) has posted a new “Funding Opportunity” document dated November 2015 which can be found at:

<https://www.nd.gov/dpi/Administrators/SafeHealthy/WhatsHot/FundingOpportunities/>.

Note: This list is not all-inclusive.

### **Sexual Violence Webinar**

Sexual Violence Primary Prevention in ND: An Introduction, Resources and Future Collaboration webinar will be held on **Thursday, November 19, 10:00-11:30 am** (Central Time). No registration required.

Join the webinar on November 19 at 10:00 using this

link: <https://meet53137733.adobeconnect.com/ndpreventiontoolkit/> .

This webinar will provide an introduction to the newly developed [North Dakota Sexual Violence and Intimate Partner Violence Prevention Toolkit](#) website. The goal of this toolkit is to increase the use of recommended evidence-based primary prevention strategies in ND. The webinar will include primary prevention, the socio-ecological model, and the public health approach to ending sexual and intimate partner violence. Attendees will get a tour of the website which includes ways to engage stakeholders, activities that support primary prevention, policy work, evaluation methods and many other resources. The toolkit seeks to unite agencies around the state conducting primary prevention activities. Following the webinar, persons interested in sexual violence prevention will be invited to join a statewide Prevention Partners Group who will meet quarterly to share resources, discuss successes and challenges, partner on initiatives and brainstorm ways to increase sexual violence prevention in the state.

### **2015 ND Youth Risk Behavior Survey (YRBS)**

The 2015 North Dakota Youth Risk Behavior Survey (YRBS) results will be posted on the DPI website this month at <https://www.nd.gov/dpi/Administrators/SafeHealthy/YRBS/>. If a school participated in the 2015 survey, Winkelman Consulting will be mailing individual school reports to each school during the month of November.

### **2014 North Dakota School Health Profiles**

The School Health Profiles is a biennial survey conducted by state and local education and health agencies among middle/junior high and senior high school principals and lead health education teachers. Profiles monitors the current status of: School health education, physical education, practices related to bullying and sexual harassment, school-based health services, family and community involvement in school health, and school health policies related to tobacco use prevention and nutrition. The 2014 North Dakota School Health Profiles Booklet is now complete and posted on our website at <https://www.nd.gov/dpi/Administrators/SafeHealthy/Profiles/>. Feel free to share this resource with anyone who may be interested.

## **Influenza**

Influenza is a respiratory illness that usually includes fever, coughing, sore throat, headache, body aches and chills. Vomiting and diarrhea are **not** typical symptoms of influenza. If your school experiences >10% absenteeism rate due to respiratory illness like influenza it must be reported to the Department of Health via phone (1-800-472-2180) or using the online report form

[www.ndflu.com/reporting/schooloutbreakreport](http://www.ndflu.com/reporting/schooloutbreakreport). To help prevent others from becoming ill, no one should be at school with a fever (>100.0°F). Students, staff, and faculty must be excluded from school and activities until they are fever free, without the use of fever reducing medications (Tylenol, etc.), for 24 hours. There is no way to determine who will suffer the severe complications associated with the illness. Influenza can sicken the healthiest person. During the 2014-2015 season, 145 children died from influenza in the U.S. To decrease your risk of severe illness caused by influenza, get the influenza vaccine every year. To learn more about influenza in North Dakota please visit [www.ndflu.com](http://www.ndflu.com) or email Jennifer M. Schmidt, MS at [jmschmidt@nd.gov](mailto:jmschmidt@nd.gov) and always WASH YOUR HANDS.

## **New Electronic Cigarette Law Protects Health**

North Dakota's new electronic cigarette law, [House Bill 1186](#), went into effect on August 1, 2015. It prohibits minors from using, possessing or purchasing electronic smoking devices, alternative nicotine products or any of their component parts, and requires child-resistant packaging for liquid nicotine containers. The new law also requires that all tobacco products, electronic smoking devices and alternative nicotine products be sold with the assistance of a clerk, meaning that these products can no longer be displayed or sold through the use of self-service displays.

HB1186 was passed in response to North Dakotans' concerns over possible health consequences of electronic smoking devices and their potential to attract young users. Electronic cigarette use, including vaping devices, tripled among middle and high school students from 2013 to 2014, according to national data published by the Centers for Disease Control and Prevention and the U.S. Food and Drug Administration's Center for Tobacco Products.

The 2014 National Youth Tobacco Survey also shows that e-cigarette use increased from 4.5 percent and 1.1 percent in 2013 to 13.4 percent and 3.9 percent among high school and middle school students, respectively. That amounts to approximately 1.67 million more youth using e-cigarettes. North Dakota's high school youth use of electronic cigarettes is also trending upward, from 1.6 percent in 2011 to 6 percent in 2013, according to the North Dakota Youth Tobacco Use Survey.

Another reason for HB1186 is the increase in calls to poison control centers for nicotine poisoning from liquid nicotine juices. CDC data shows that calls related to poisoning from liquid nicotine used in electronic devices jumped from one per month in 2010 to 215 in February of this year alone. More than half of those calls involved children five years old and younger. The new requirements that nicotine liquid containers meet the United States Consumer Product Safety Commission standards for child-resistant packaging help parents protect their young children from nicotine poisoning.

For more information about electronic smoking devices and to read the full text of HB1186, go to <http://www.breathend.com/TobaccosHarm/ecigs/ECigLaw/>.

## **Frequently Asked Questions on the Electronic Cigarette Law**

<http://www.breathend.com/TobaccosHarm/ecigs/ECigFrequentlyAskedQuestions/>

If you have any questions on the above information please contact Kate Schirado at [kmschirado@nd.gov](mailto:kmschirado@nd.gov) or (701) 328-2098.